



# THE ACADEMY OF DANCE

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## Ballet 1A

2024-2025 Class Information

### **Class Description:**

This is a first-year course in formal ballet technique. Students in this level study foundational steps at the barre and in center, stationary jumps, and traveling steps, along with the positions of the feet and arms and basic ports de bras. Students will also do a few minutes of body conditioning at the start of each class to build strength in the trunk, hip, thigh, and foot muscles.

### **Schedule Options: students must attend two classes per week. Choose from the following options:**

Tuesdays, 4:30-5:30

Wednesdays, 6:15-7:15

Thursdays, 4:30-5:30

### **Tuition (due the 1<sup>st</sup> of the month, September-June)**

Boys: free

Girls: \$129/month

### **Additional Fees\*:**

\$25 registration fee (per family)

\$60 costume fee (due December 1)

\$50 performance fee (due March 1)

\*fees are non-refundable

### **Dress Code:**

Boys: white T-shirt, black leggings, white tights, black ballet shoes.

Girls: burgundy tank leotard, pink tights, pink ballet shoes, hair in a neat and secure bun. No jewelry or warm-ups allowed unless approved by instructor. On observation days, a matching skirt may be worn.

### **Performance:**

This class will perform in our annual Summer Concert on June 14, 2025. During the two weeks leading up to the concert, regular classes will be suspended and we will follow a rehearsal schedule that will be sent out by spring break. All rehearsals will take place at the studio except for a tech and/or dress rehearsal at the theater. You may opt out of the performance if you choose.