



# THE ACADEMY OF DANCE

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## **Ballet 1B**

2024-2025 Class Information

### **Class Description:**

This is a beginning course in formal ballet technique. Students will continue studying fundamental steps in barre and centre, stationary jumps, and traveling steps, along with simple ports de bras and the positions of the feet and arms. Each class begins with a few minutes of body conditioning to strengthen the trunk, hip, thigh, and foot muscles.

### **Schedule:**

Tuesdays, 5:45-6:45

Thursdays, 6:30-7:30

### **Tuition (due the 1<sup>st</sup> of the month, September-June)**

Boys: free

Girls: \$129/month

### **Additional Fees\*:**

\$25 registration fee (per family)

\$60 costume fee (due December 1)

\$50 performance fee (due March 1)

\*fees are non-refundable

### **Dress Code:**

Boys: white T-shirt, black leggings, white tights, black ballet shoes.

Girls: burgundy tank leotard, pink tights, pink ballet shoes, hair in a neat and secure bun. No jewelry or warm-ups allowed unless approved by instructor. On observation days, a matching skirt may be worn.

### **Performance:**

This class will perform in our annual Summer Concert on June 14, 2025. During the two weeks leading up to the concert, regular classes will be suspended and we will follow a rehearsal schedule that will be sent out by spring break. All rehearsals will take place at the studio except for a tech and/or dress rehearsal at the theater. You may opt out of the performance if you choose.